



THEATRE ROSA



DETOUR: A WAY OF SHARING

23 August – 6 September 2010  
Poznań, Poland

**A** detour is a longer and less frequented route, perhaps with an uneven, rough surface, which we take after having met a block, an obstacle, sometimes as a result of an accident. Think, however, of a detour as a metaphor for the less obvious and the non-habitual. As such, it means a break from the run of the mill. When taking a diversion, you are unsure of what is there, you must be ready to abandon the widely-held and welcome the unexpected. But at least you are certain that you don't want to remain deadlocked and let yourself drown in what is common, repetitious – or in the worst case – mediocrity. Is a detour a winding path that leads towards quality? This is hard to answer but at least it is not... a shortcut.

**O**ur *Detour* is a tiny, focused and intense programme for a handful of actors and directors who would like to share their doubts and questions (and possibly answers) regarding theatre in a practical way. We invite those who are ready to cross their artistic paths with others and walk for a moment with them hand in hand. We welcome especially those who know what it means to encounter *a wall* in creativity and how important a reliable companion is in such moments.



**D**uring the *Detour* we will propose various approaches and techniques of work on the basics of acting craft. We will train: we will breathe, move, run, sing, and speak – with different drives and intentions. We will work on acting etudes starting from the sketches you bring to us. But above all **we will try to meet you: really see and really hear you**. And – possibly – try to help you to do the same.



**T**he *Detour* grows out of the atelier *To the Light* (8–31 August 2009 in Brzezinka, the Grotowski Institute's forest location) during which we focused on light – its sources, meanings and the influence it has on us. The subject was treated literally in the work with different types of lighting while light was also the main motif for the acting etudes. We searched for clarity through the precision of action and for luminosity by caring for the work spaces. In the atelier, sixteen participants from Argentina, Armenia, Australia, the Basque Country, Brazil, China, Columbia, France, Germany, Iran, Italy, Mexico, Romania, Spain, and the USA took part. The programme of the atelier embraced training, improvisations, and individual scenes based on texts and songs. There were events: meetings-in-song, night running, walks to the lair and to Ostrowina. Film materials were presented and lectures on acting craft were delivered. The atelier's first stage – *Nuance*: a search for subtlety in discipline – ended with the presentation of works by all participants. After this, the second phase *Lighthouse* was realised with a smaller group. This stage included deepening of the etudes, connecting them into sequences, and opening them to new possibilities by means of improvisation and partner work. Different variants of the scenes were presented several times in the last week of the project.

**W**e envisage the *Detour* as an extension of this experience, but the project will be smaller, more focused and with more space for participants to share their works such as acting sketches, songs, stories, and elements of training.



Zaruhi Antonyan, Armenia



Nikki Rydon, Australia

PHOTOGRAPHS OF SELECTED ETUDES FROM ATELIER 2009  
CREATED UNDER THE SUPERVISION OF GRZEGORZ ZIÓŁKOWSKI

Sim Fong Zoe Lai, China



Narine Grigoryan, Armenia



## Programme

The Detour will include:

- Practical work on various forms of training focused on action, breath, rhythm, singing, and speech
- Space for sharing acting sketches, songs, stories, and elements of training by participants
- Individual, pair and group improvisations
- Meetings-in-song, Night running
- Work on acting etudes
- Film presentations and lectures on acting craft

The presentation of Theatre Rosa's dramatic miniatures *The Leaden Ball* and *The Winter of Our Discontent...*

## An example of a daily schedule

8:30-9 am: Preparation of the space

9-12 am: Training

12-2 pm: Lunch break

2-4 pm: Film, lecture, conversation

4-4:30 pm: Coffee/Tea

4:30-7:30 pm: Work

7:30-9 pm: Dinner break

9-11:30 pm: Work

## The Work Leader



**Grzegorz Ziółkowski**, director, editor, translator, author of *Teatr Bezpośredni Petera Brooka* (*The Immediate Theatre of Peter Brook*, 2000) and *Guślarz i eremita. Jerzy Grotowski: od wykładów rzymskich (1982) do paryskich (1997–1998)* (*Sorcerer and Hermit. Jerzy Grotowski: from Rome (1982) to the Paris (1997–1998) lectures*, 2007). He is Professor in the Drama and Theatre Department of Adam Mickiewicz University in Poznań. From 1991–2001, he was artistic director of the Bureau for Theatre Research in Poznań and directed *Monologue of the Dead Nun*, *They Dance Alone*, and *Crossroads*. From 1997–2003, he was co-creator of the International Theatre Festival Maski. The originator and organiser of theatre conferences, among them *Theatre: Energy and Entropy* (2001). He edited many publications, among them: *Polish Theatre After 1989: Beyond Borders*, a special issue of *Contemporary Theatre Review* (with Paul Allain, 2004) and Peter Brook's *With Grotowski: Theatre is Just a Form* (with Paul Allain

and Georges Banu, 2009). He translated into Polish *The Shifting Point* by Peter Brook (with Ewa Guderian-Czaplińska) and Jerzy Grotowski's *Towards a Poor Theatre* (Polish ed. by Leszek Kolankiewicz). From 2004–09, he was Programme Director of the Grotowski Centre and then the Grotowski Institute where he co-created the programme of the Grotowski Year 2009. He directed work on individual acting etudes prepared by participants of the ateliers *Source Techniques – Sources of Techniques* (2007) and *Suspension of Expression* (2008) led in the Grotowski Institute in Wrocław and Brzezinka. He directed the atelier *To the Light* in August 2009.

## PRACTICAL INFORMATION

### Place

The theatre rehearsal studio of the Adam Mickiewicz University in Poznań, 10 Fredry Str. (in the city centre).

### Schedule

23 August (Monday): Arrival

24–28 August (Tuesday-Saturday): First phase (Training, Sharing of works, Development of works, Lectures, Meeting-in-song)

29 August (Sunday): Time to repose; Night running; Conversations

30 August – 4 September (Monday-Saturday): Second phase (Deepening of works)

4 September (Saturday): Time to share; Summary

5 September (Sunday): Time to repose; Feast

6 September (Monday): Departure

### Language

English

### Participants

Maximum number of participants: 8.

Participants will be chosen based on their application forms.

### Applications

Applications should be emailed to

Agnieszka Pietkiewicz: [teatr.rosa@gmail.com](mailto:teatr.rosa@gmail.com).

Please use the application form from the attachment.

### Deadlines

Sending of application forms by: 1 July 2010.

Confirmation will be sent to chosen participants by: 10 July 2010.

### Information

Detailed information will be provided by

Agnieszka Pietkiewicz: [teatr.rosa@gmail.com](mailto:teatr.rosa@gmail.com)